

# What the surgeon needs to know about percutaneous coronary intervention treatment of chronic total occlusions

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Chronic total occlusion (CTO) accounts for 10–20% of lesions identified in coronary artery disease (CAD) patients. CTO percutaneous coronary intervention (PCI) is one of the most challenging of lesion subsets due to its technical difficulty, requiring specific operator expertise and equipment. There has been increased interest on CTO PCI evolving with the development of novel techniques and dedicated devices. Furthermore, in order to effectively and systematically utilize these techniques and devices, CTO PCI algorithms have been established. All of these developments have resulted in procedural success rates increasing to approximately 90%. In this review, we outline the evidence base for CTO PCI, conventional and contemporary CTO PCI techniques, CTO algorithms and outline integrated management strategies between cardiac surgeons and interventional cardiologists.

**Keywords:** Percutaneous coronary intervention (PCI); chronic total occlusion (CTO); technique; device; algorithm



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## Introduction

A chronic total occlusion (CTO) is defined as a 100% stenosis with thrombolysis in myocardial infarction (TIMI) of 0 flow for  $\geq 3$  months (1). CTO remains one of the most challenging interventions performed by the interventional cardiologist, often referred to as “the last frontier”. It is associated with significant challenges, especially regarding lesion crossing [i.e., compared to non-CTO percutaneous coronary intervention (PCI)]. There has been increased interest around CTOs in the last few years, coupled with CTO PCI rapidly evolving, with the development of novel techniques (anterograde and retrograde approaches, wire manipulations techniques, and so on) and equipment (improved dedicated CTO guidewires, microcatheters, CTO balloons, and coronary stents). Until recently, the prevalence of CTO was poorly defined; contemporary multicenter observational studies have elucidated this important issue. A Canadian multicenter registry of 14,439 patients who underwent coronary angiography identified at least 1 coronary CTO in 2,630 (18.2%) patients (2).

The U.S. Department of Veterans Affairs Clinical Assessment Reporting and Tracking program registry of 111,273 patients revealed 29,399 (26.4%) CTO; 42.9% right coronary artery (RCA) CTOs, 24.3% left anterior descending artery (LAD) CTOs and 16.5% left circumflex CTOs (3). However, despite the prevalence of CTOs, most lesions undergo PCI in only 6–22% of cases (2,4). This may be explained by the scepticism regarding the real clinical benefit from revascularization of CTO, combined with historically low success rates and high complication rates. However, procedural success (82.9% to 92.9%) and adverse event rates of contemporary CTO PCI in high volume centres with dedicated operators is favourable (5–8).

Due to the high prevalence of CTOs in patients undergoing coronary angiography, improvement in technical and procedural success rates and combination with low adverse event rates, we expect CTO PCI numbers to increase significantly over the next few years. Hence, it is vital that cardiac surgeons are aware of contemporary techniques, success rates and associated complications when called up on to assist in management of CTO PCI complications.

**Table 1** Studies comparing optimal medical therapy to percutaneous coronary intervention for chronic total occlusions

Studies	Number of patients	Follow-up duration	MACE (OMT vs. PCI)	Cardiac death (OMT vs. PCI)
Hwang <i>et al.</i> (17)	2,024	47.6 months (median)	16.9% vs. 10.1% (HR 2.03; 95% CI, 0.88–4.68, P=0.10)	5.1% vs. 4.8% (HR 1.14; 95% CI, 0.30–4.42, P=0.85)
Yang <i>et al.</i> (18)	1,066	48.5 months (median)	–	8.3% vs. 5.8% (HR 1.57; 95% CI, 0.91–2.72, P=0.11)
Jang <i>et al.</i> (19)	738	42 months (median)	24.7% vs. 10.7% (HR 0.44; 95% CI, 0.23–0.82, P=0.01)	9.3% vs. 4.2% (HR 0.23; 95% CI, 0.09–0.80, P=0.02)
Choi <i>et al.</i> (20)	640	48 months	12.6% vs. 2.3% (HR 0.263; 95% CI, 0.087–0.790, P=0.017)	–
DECISION-CTO study (21)	815	60 months	25.1% vs. 26.3% (P=0.67)	–

MACE, major adverse cardiovascular event; OMT, optimal medical therapy; PCI, percutaneous coronary intervention; HR, hazard ratio; CI, confidence interval.

### Importance of CTO recanalization

An important consideration for PCI is achieving complete revascularization in patients with coronary artery disease. Complete revascularization is associated with improved mortality, major adverse coronary event (MACE) and stent thrombosis rates. In the SYNTAX population, incomplete revascularization was associated with increased mortality, MACE, and stent thrombosis at 4 years. Interestingly, the presence of CTO was demonstrated to be an independent predictor of incomplete revascularisation (9). Furthermore, in the overall SYNTAX population incomplete revascularisation (residual SYNTAX score >8) was associated with 35% increase in all-cause mortality at 5 years, whereas, those with complete or near complete (residual SYNTAX score ≤8) had comparable outcomes (9,10).

### Long-term benefits of successful CTO PCI

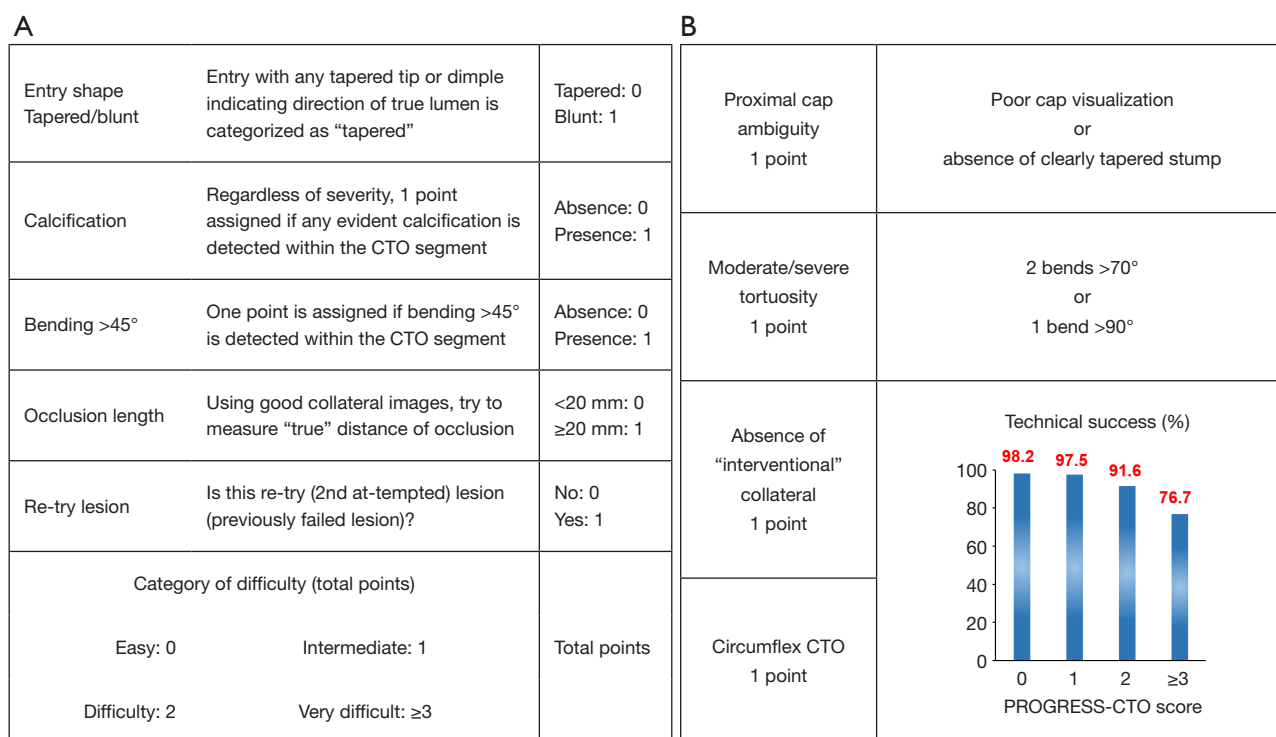
Experimental and clinical data suggest that collateral blood flow protects myocardium in patients with CTOs. It has been demonstrated that there is an inverse relationship between the extent of myocardial injury and presence of regional left ventricular dysfunction to the degree of collaterals on coronary angiography (11). In fact, well developed collaterals may reduce myocardial ischemia and facilitate maintenance of viable myocardium if antegrade flow is severely reduced or even absent (12). If the magnitude of viable myocardium in jeopardy is large, revascularization may allow complete recovery of myocardium and overall

cardiac function, reduction of ventricular remodeling and prevention of fatal arrhythmias (13,14).

However, there has been a growing pool of evidence in recent times suggesting that revascularisation of non-CTO stable coronary artery disease might offer limited advantages in comparison to medical therapy (15,16). In CTO patients, whether CTO PCI confers long-term clinical benefits remains unclear. Numerous studies have compared optimal medical therapy (OMT) versus PCI in CTO populations—the majority of these retrospective studies have not demonstrated improved clinical outcomes (*Table 1*) (17–20). In addition, the recently presented data from DECISION-CTO study of randomized patients to CTO-PCI + OMT (n=417) or OMT (n=398) demonstrated MACE at 3 years was 20.6% vs. 19.6%, P=0.008 (non-inferiority) and MACE at 5 years was 26.3% vs. 25.1%, P=0.67 (21). This is the largest randomized trial comparing CTO PCI to OMT to date, and although it did not show difference in outcomes, there are a number of study limitations that may have skewed outcomes. These were namely: the trial was stopped prematurely due to difficulty in enrolling patients, the estimated sample size was 1,284 but only 815 were included; there was non-negligible cross-cover, 18.1% from OMT to PCI arm and 15.6% from PCI arm to OMT; and periprocedural myocardial infarction was included in the primary endpoint favoring the OMT arm of study (21).

### Dedicated scoring to predict CTO PCI outcomes

There are numerous models for predicting the probability



**Figure 1** J-CTO score and PROGRESS score. (A) J-CTO score; (B) PROGRESS score. CTO, chronic total occlusion.

of technical success for CTO PCI. The two most widely adopted are the J-CTO (multicenter CTO registry in Japan) and PROGRESS CTO (Prospective Global Registry for the Study of Chronic Total Occlusion Intervention) scores. These provide simple and convenient indices to evaluate probability of successful treatment for CTO on a lesion-by-lesion basis.

The J-CTO score was developed using a multicenter CTO registry from Japan that included 494 native CTO lesions. The end point was successful guidewire crossing within 30 minutes. The authors demonstrated that independent predictors included calcification, bending >45 degrees, blunt stump, occlusion length >20 mm, and previously failed lesion; these formed the predictive variables for the J-CTO score, a score of 1 for each variable with a maximum of 5 (*Figure 1A*) (22).

The PROGRESS CTO score was developed to predict technical success based on an international multicenter study that included 781 CTO PCIs (8). Variables strongly associated with technical success in multivariable analysis were assigned 1 point, and a 4-point score was developed from summing all points (*Figure 1B*). The PROGRESS CTO score included proximal cap ambiguity, moderate/

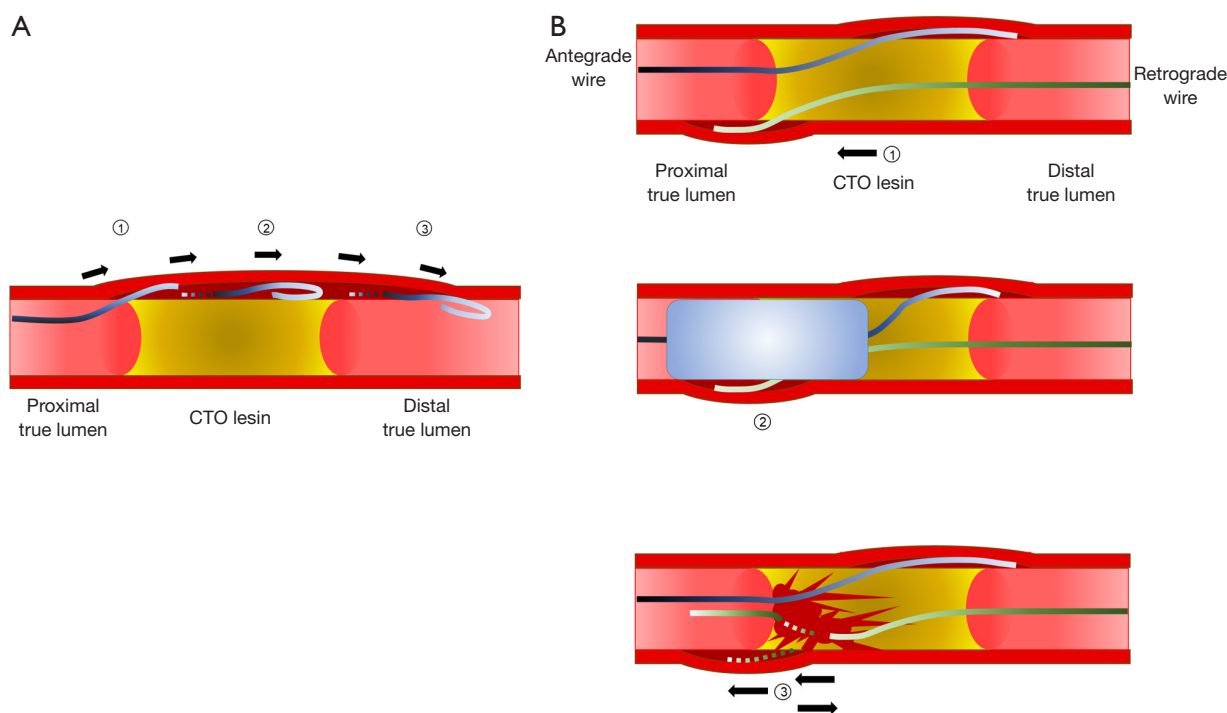
severe tortuosity, circumflex artery CTO, and absence of “interventional” collaterals.

### Conventional and contemporary CTO PCI techniques (*Table 2*)

Initially, CTO PCI was performed with an antegrade wiring approach. Due to the hard tissue in CTO lesions and the complex lesion morphology, wire(s) could easily cross the subintimal/subadventitial space. Consequently, the initial rate of successful recanalization was low (60–70%), with complications including coronary perforation, extended dissection—compromising SB or impairing distal collateral flow—and myocardial infarction. In order to improve the antegrade approach, wire-based antegrade dissection and re-entry (ADR) technique was developed. In 2005, Colombo *et al.* introduced subintimal tracking and re-entry (STAR) technique (*Figure 2A*) (23). Briefly, the STAR technique creates a subintimal cleavage plane by advancing a hydrophilic wire with a J-loop configuration (i.e., knuckle wire) to allow a blunt dissection along to the vessel architecture, then aims to re-enter the distal true lumen. The STAR technique was attributed with a higher successful

Table 2 Conventional and contemporary CTO PCI techniques	
Antegrade approach	Procedural steps of CTO PCI techniques
Wire-based ADR	
STAR	(I) Advancing hydrophilic wire with J-loop (“knuckle” wire) to create blunt dissection subintimal/subadventitial cleavage plane (II) Re-entering into the distal true lumen
Contrast-guided STAR	Modified STAR: contrast injection ( $\leq 3$ mL) in subintimal/subadventitial space to make the “roadmap” of the occluded lesions and partial fenestration occasionally
Mini-STAR	Modified STAR: using contemporary more hydrophilic guide wires aiming to allow more proximal re-entry into the distal true lumen (to minimize the length of subintimal tracking)
LAST	Intentional re-entry into the distal true lumen using stiffer guide wires with an acute bending of distal tip (to minimize the length of subintimal tracking)
Device-based ADR	
CrossBoss/Stingray system	(I) Advancing CrossBoss through the subintimal/subadventitial space by rotating proximal torque device (II) Advancing and inflating Stingray in the subintimal/subadventitial space created (III) Re-entering into the distal true lumen using Stingray guide wire through the distal exit port toward true lumen
Retrograde approach	
CART	(I) Advancing retrograde wire into CTO lesion as close as possible to the antegrade wire in the subintimal/subadventitial space (II) Advancing an over-the-wire balloon onto the retrograde wire (through the collateral) and inflating it in the CTO lesion to create fenestrations connecting both spaces wired (III) Advancing the antegrade wire into the distal true lumen through the fenestrations
Reverse CART	(I) Advancing retrograde wire into CTO lesion as close as possible to the antegrade wire in the subintimal/subadventitial space (II) Advancing a balloon onto the antegrade wire and inflating it in the CTO lesion to create fenestrations connecting both spaces wired (III) Advancing the retrograde wire into the proximal true lumen through the fenestrations
Stent-reverse CART	Modified reverse CART: stenting at the proximal segment (antegrade) to facilitate retrograde wire re-entry into the proximal true lumen
GuideLiner-reverse CART	Modified reverse CART: placing GuideLiner catheter at the proximal segment (antegrade) to facilitate retrograde wire re-entry into the proximal true lumen and subsequent device delivery (balloons and stents)
IVUS-guide reverse CART	(I) Advancing IVUS catheter onto the antegrade wire following predilatation with a small balloon (II) Evaluating vessel size to select appropriately sized balloon (III) Performing reverse CART: IVUS-guided re-entry of the retrograde wire into the proximal true lumen

STAR, subintimal tracking and re-entry; LAST, limited antegrade subintimal tracking; CART, controlled antegrade and retrograde subintimal tracking; ADR, antegrade dissection and re-entry; CTO, chronic total occlusion; PCI, percutaneous coronary intervention; IVUS, intravascular ultrasound.



**Figure 2** Illustrations of STAR technique and reverse CART technique. (A) STAR technique; (B) reverse CART technique. STAR, subintimal tracking and re-entry; CART, controlled antegrade and retrograde subintimal tracking; CTO, chronic total occlusion.

recanalization rate (97%), however, it was associated with high rates of restenosis (52% at 5-month follow-up) (23). To overcome the limitations of the technique, several modified STAR techniques were developed (contrast-guided STAR, mini-STAR), resulting in better clinical outcomes (24,25). However, wire-based ADR techniques inherently have limitations; namely: (I) disrupting vessel architecture; (II) requiring longer stenting to seal extended dissection; (III) compromising side branch(es) (SBs), resulting in poor run-off and lower long-term patency (final TIMI flow <3 with ADR techniques: 4–19%).

As an alternate approach designed in an effort to overcome the limitations of antegrade approach including ADR, the retrograde approach was developed by Japanese CTO operators (26), which improved procedural success—especially in complex cases with development of specific devices (microcatheters and guide wires). The greatest advantage of the retrograde approach is ensuring distal vessel true lumen wiring without extensive distal dissection. Although the retrograde approach would have the same limitations as an antegrade approach with wire escalation technique alone, utilizing the dissection and re-entry technique combined with the antegrade approach

could facilitate successful CTO recanalization while minimizing subintimal/subadventitial tracking. Reverse controlled antegrade and retrograde subintimal tracking (CART) is currently the most promising technique used in the retrograde approach (Figure 2B) (27). Briefly, both antegrade and retrograde wires are advanced as close as possible each other in the CTO lesion (independent of the true lumen or subintimal/subadventitial space). A balloon on the antegrade wire is then inflated to make fenestrations between the spaces where both wires are placed. This allows the retrograde wire to cross the proximal true lumen. This technique has contributed to dramatically improve procedural success rates, especially in high complexity cases. The technique has also born further derivatives, with development of several modified techniques [stent-reverse CART, intravascular ultrasound (IVUS)-guide reverse CART, etc.] (28–30).

As a novel technique in the antegrade approach, device-based ADR has been recently introduced. CrossBoss (Boston Scientific, Marlborough, MA, USA) is a microcatheter with a 1-mm metallic blunt tip that is advanced through the subintimal/subadventitial space by a rotating proximal torque device. Re-entry is attempted using the Stingray



balloon catheter (Boston Scientific) following the CrossBoss approach. The Stingray catheter is a 2.5 mm ×10 mm balloon that has a flat shape with two exit side ports (oriented at 180° opposite to each other). At low pressure, this device could be inflated in the subintimal/subadventitial space as wrapping the inside true lumen from the outside, and re-entry using dedicated stiff wire (Stingray guide wire) is subsequently attempted through the one exit port toward true lumen (<http://www.bostonscientific.com>) (31). In the previous study, the CrossBoss/Stingray system facilitated successful true lumen re-entry in 87% in cases without increasing complications, compared with historical controls using other CTO devices (31). In comparison to other wire-based ADR techniques, the CrossBoss/Stingray system has also shown significantly lower adverse cardiac events at 2-year follow-up (32).

### Algorithm

Two main algorithms have been developed to utilize the techniques discussed so far. The hybrid strategy was developed by North American operators in 2012 (*Figure 3A*) (33). The concept is to switch approach or technique to another with rapidity in cases with low likelihood of success. The algorithm starts with angiographic CTO morphological assessment with dual injections, consisting of four factors: (I) proximal cap ambiguity; (II) distal vessel condition (size, degree of diseased, presence of bifurcation); (III) presence of suitable collaterals for a retrograde approach; (IV) lesion length >20 mm. According to these evaluations, initial approach is determined (antegrade/retrograde), followed by technical strategies based on operator skill or equipment available. Importantly, in order to increase chance of attempting another strategy (approach or technique), operators should not persist with their initial strategies when they encounter difficulty to proceed, consequently resulting in higher risk of complications, high dose contrast use, or radiation exposure. It has been reported that the Hybrid strategy is an effective (procedure success: 90.5%) and safe (cardiac tamponade: 0.4%, Q-wave myocardial infarction: 1.0%, death: 0.4%) strategy when compared with conventional approaches (34).

The Asia-Pacific algorithm was developed by experienced Japanese CTO operators (*Figure 3B*) (35). Notably, they firstly recommend appropriate case selection for each CTO operator (individual experience) based on J-CTO score (case difficulty) to improve procedural success. Furthermore, it

differs from the Hybrid strategy by recommending that intravascular imaging guidance is utilized to overcome proximal cap ambiguity and difficulty with true lumen wiring, which contributes to limit attempts of the dissection re-entry techniques as the last resort (“true to true” philosophy). It also recommends when an operator should consider stopping the procedure with pre-specified cutoff values regarding contrast dose used > estimated glomerular filtration rate (eGFR) × 3.7 (mL), procedure time >3 hours, or radiation exposure >5 Gy (Air Kerma). Excellent results of CTO PCI in the Asian region have been previously reported, and the future feasibility, safety, and efficacy of this novel algorithm developed should be prospectively evaluated.

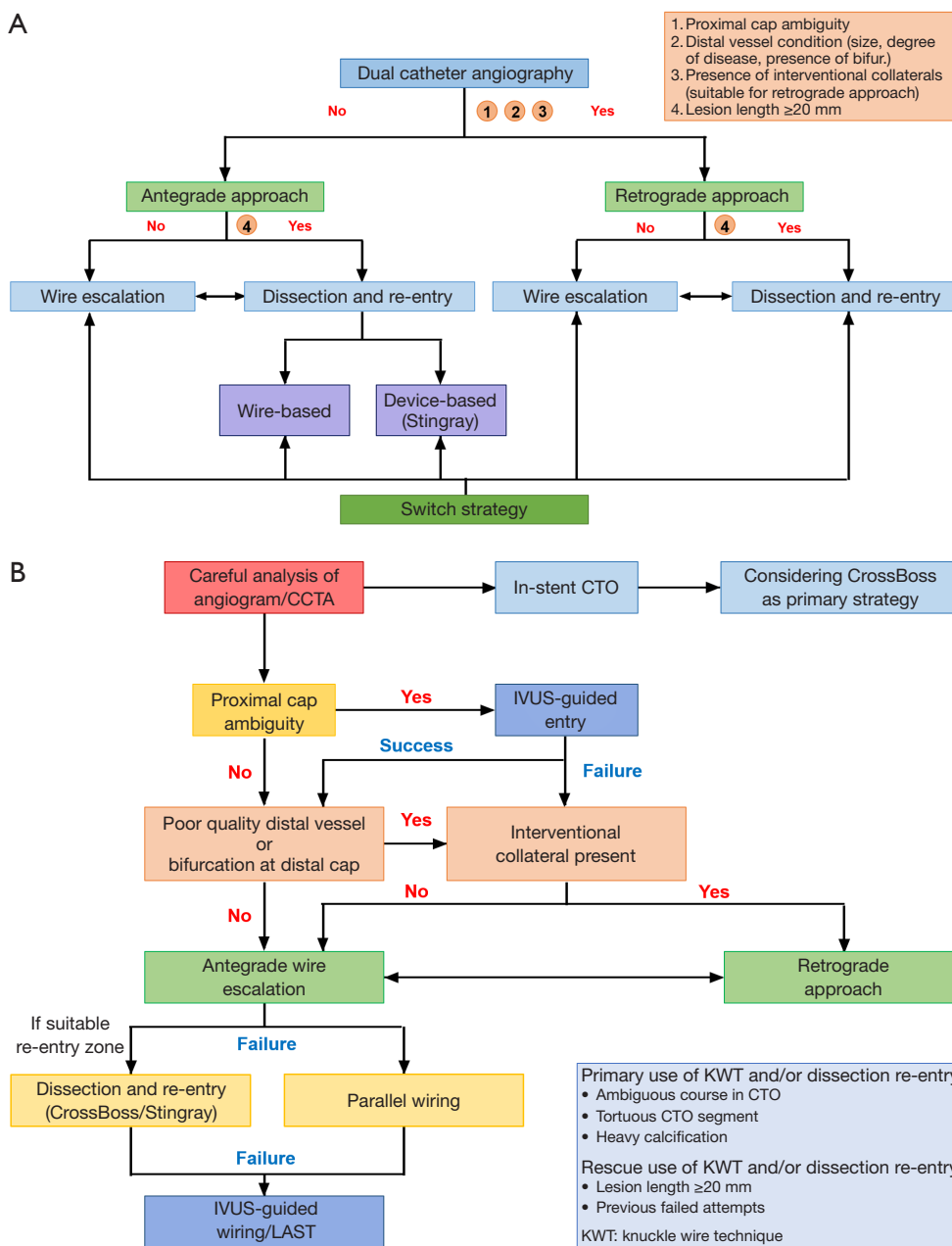
These algorithms establish CTO PCI concepts and techniques systematically, allowing CTO PCI to be widely performed in a more effective and safer manner. It has been considered that CTO PCI is a most complex procedure that should only be undertaken by experienced operators; however, these systematic algorithms facilitate reproducibility of this complex PCI, contributing to it been adopted more widely with utilization of modern learning along the line of “share, teach, and learn” (e.g., live demonstration, on-site proctoring, etc.).

### Clinical results of CTO PCI

Clinical results after CTO PCI from large registries are summarized in *Table 3* (36-42). As already mentioned, with development of dedicated devices and techniques, higher rates of procedural success and favorable clinical outcomes have been achieved worldwide, which could be further improved utilizing systematic algorithms.

### Specific subgroups: diabetes mellitus (DM), and elderly patients

Although DM is one of the comorbidities associated with higher mortality independently, it also reflects excessively advanced atherosclerosis burden. From multicenter prospective registry, Sanguineti *et al.* reported that, in DM cohort, successful CTO PCI was associated with improved long-term clinical outcomes (median: 4.2 years), especially reducing cardiac mortality (13.0% in successful PCI *vs.* 31.0% in failed PCI,  $P<0.001$ ) (43). Salisbury *et al.* reported that, after adjusting for prior coronary artery bypass grafting (CABG) and lesion complexity, there were no differences in procedural success and complication rates in CTO PCI



**Figure 3** Contemporary CTO PCI algorithm. (A) Hybrid algorithm; (B) Asian-Pacific algorithm. CTO, chronic total occlusion; PCI, percutaneous coronary intervention; IVUS, intravascular ultrasound; LAST, limited antegrade subintimal tracking; CCTA, coronary computed tomography angiography.

between DM and non-DM patients (44). These reports would support the feasibility, safety and efficacy of CTO PCI for DM patients.

There is a paucity of data on CTO PCI in elderly patients, primarily due to the presence of multiple comorbidities that make these patients high risk, and

hence inappropriate for management. A single center study reported that procedural success and complication rates in elderly patients ( $>75$  years) were similar to younger patients ( $<75$  years), and successful CTO PCI in elderly patients was significantly associated with lower cardiac death at 3-year follow-up (45). Similar results with 5-year follow-up were

**Table 3** Clinical outcomes after CTO PCI (national/international registry, and subgroup including DM and elderly patients)

Registry	Cohort	Inclusion period	Type of stent implanted	Definition of procedural success	Periprocedural/in-hospital outcomes			Follow-up period			Follow-up clinical outcomes				
					Procedural success rate	Perforation/tamponade	Urgent CABG	MI	Death	Follow-up period (days)	All-cause mortality	Cardiac mortality	MI	CABG	Any TLR
<b>National/international multicenter registry</b>															
Multinational chronic total occlusion registry	International multicenter (3 centers)	1998–2007	DES: 62.4%; BMS: 32.2%; no stent: 5.4%	Final %DS <50% and final TIMI flow ≥2	67.8% (1,256/1,852)	3.5%/NA	NA	NA	NA	Median: 2.9 (years) (IQR, 1.5–4.6 years)	S: 6.0%; F: 8.6% (P=0.01)	S: 3.0%; F: 5.8% (P<0.01)	S: 5.4%; F: 5.8% (P=0.85)	S: 3.2%; F: 13.3% (P<0.01)	NA
J-Cypher registry	Japanese multicenter (37 centers)	Aug. 2004–Nov. 2006	1st gen. DES: 100% (Cypher)	Final %DS <50% and final TIMI flow ≥2	93.4% (1,259/1,348)	NA	NA	NA	NA	Median: 1,618 (days) (IQR, 985–1,902 days)	13.2%	6.7%	4.2%	2.5%	20.7%
KREDO-Kyoto	Japanese multicenter (26 centers)	Jan. 2005–Dec. 2007	DES: 78.0%; BMS: 22.0%	Final %DS <50% and final TIMI flow ≥2	78.2% (1,192/1,524)	1.1%/0.3%	0.06%	1.1%	1.8%	Median: 942 (days) (IQR, 669–1,243 days)	S: 9.0%; F: 13.1% (P=0.18)	S: 4.5%; F: 8.4% (P=0.03)	S: 3.2%; F: 5.5% (P=0.05)	S: 1.8%; F: 19.6% (P<0.0001)	S: 35.5%; F: 55.7% (P<0.0001)
K-CTO registry	Korean multicenter (26 centers)	Jan. 2007–Dec. 2009	1st gen. DES: 65.5%; 2nd gen. DES: 34.5%	Final %DS <30% and final TIMI flow ≥2	79.6% (2,045/2,568)	NA	NA	NA	NA	Median: 729 (days) (IQR, 650–757 days)	S: 2.3%; F: 3.3% (P=0.24)	S: 1.2%; F: 2.7% (P=0.02)	S: 0.4%; F: 0.6% (P=0.69)	S: 0.2%; F: 2.5% (P<0.001)	S: 8.8%; F: 7.1% (P=0.22)
ERCTO registry (retrograde)	European multicenter (44 centers)	Jan. 2018–Dec. 2012	DES: 85.4%; BMS: 2.4%; DES/BMS: 9.7%; no stent: 4.7%	Final %DS <20% and final TIMI flow =3	75.3% (1,191/1,582) (retrograde only)	1.5%/0.6%	0.2%	0.4%	0.1%	Median: 23 (months)	NA	S: 0.6%; F: 4.3% (P=0.0001)	S: 2.3%; F: 5.4% (P=0.014)	NA	S: 8.6%; F: 23.6% (P<0.001)
PROGRESS CTO registry	US multicenter (11 center)	May. 2012–Oct. 2015	NA	Final %DS <30% and final TIMI flow =3	90.1% (1,183/1,313)	3.4%/0.7%	0.0%	1.0%	0.4%	On going	NA	NA	NA	NA	NA
RECHARGE registry	European multicenter (17 centers)	Jan. 2014–Oct. 2015	NA	Final %DS <30% and final TIMI flow =3	85.8% (1,075/1,253)	1.4%/1.3%	NA	2.2%	0.2%	Mean: 363 (days) (SD, ±0.9)	S: 1.7%; F: 2.8% (P=0.40)	NA	S: 1.2%; F: 2.8% (P=0.13)	0.5% (overall)	S: 5.2%; F: 7.6% (P=0.22)
<b>Diabetes mellitus</b>															
Sanguinetti et al.	French multicenter (3 centers)	2004–2012	DES: 92.6%; BMS: 7.4%	Final %DS <50% and final TIMI flow =3	75% (990/1,320) (overall)	NA/1.2%	NA	NA	NA	Median: 4.2 (years) (IQR, 2.5–5.6 years)	S: 23.2%; F: 54.9% (P<0.001)	S: 13.1%; F: 31.0% (P<0.001)	S: 3.0%; F: 5.2% (P=0.18)	S: 3.2%; F: 9.3% (P=0.01)	S: 14.2%; F: 4.8% (P=0.23)
OPEN CTO registry	US multicenter (12 center)	Jan. 2014–Jul. 2015	NA	Final %DS <50% and final TIMI flow ≥2	DM: 83.5%; non-DM: 88.1%	DM: 9.5%/1.0%; non-DM: 8.3%/1.5% (P=0.8/1.0)	DM: 0.2%; non-DM: 0.9% (P=0.4)	DM: 2.7%; non-DM: 2.6% (P=0.9)	DM: 0.2%; non-DM: 0.7% (P=0.6)	NA	NA	NA	NA	NA	NA
<b>Elderly patients</b>															
Tanaka et al.	Japanese single center	Jan. 2005–Dec. 2009	DES: 75.4%	Final %DS <50% and final TIMI flow =3	Elderly: 77%; younger: 79%	Elderly: NA/0.0%; younger: NA/1.7% (P=NA/0.4)	Elderly: 0.0%; younger: 0.4% (P=0.8)	Elderly: 0.0%; younger: 0.0% (P=0.24)	Elderly: 1.4%; younger: 0.0% (P=0.24)	3-year follow-up (96.5%)	NA	S: 2.4%; F: 23.1% (P=0.005)	NA	NA	S: 14.4%; F: 8.3% (P=0.23)
Multinational chronic total occlusion registry	International multicenter (3 centers)	1998–2007	DES: 62.4%; BMS: 32.2%; no stent: 5.4%	Final %DS <50% and final TIMI flow ≥2	Elderly: 3.3%/younger: 69.1%	Elderly: 3.3%/NA (P=0.94/NA)	NA	NA	NA	Median: 890 (days) (IQR, 380–1,480 days)	S: 19.6%; F: 24.6% (P=0.13)	NA	S: 11.5%; F: 8.0% (P=0.87)	S: 0.0%; F: 20.4% (P<0.001)	NA

BMS, bare metal stent; CABG, coronary artery bypass grafting; DES, drug-eluting stent; DM, diabetes mellitus; DS, diameter stenosis; F, failed; IQR, interquartile range; MI, myocardial infarction; S, success; SD, standard deviation; TLR, target lesion revascularization; NA, not available; TIMI, thrombolysis in myocardial infarction.



reported from an international multicenter registry (46). As surgical risk is higher in elderly patients, CTO PCI should be considered in this group and especially in patients who are deemed to have prohibitive surgical risk.

### **When would interventionists call cardiac surgeons?**

#### **Multivessel disease (MVD)**

For patients with MVD and high SYNTAX score (especially three-vessel disease, and SYNTAX score >32), complete revascularization with CABG is recommended in the current guidelines (class I) (47,48). The presence of CTO may not affect the technical complexity nor clinical outcomes in CABG (49,50), whereas, for PCI, the CTO lesion complexity, especially unfavorable lesion morphology for PCI (severe tortuosity or calcification, etc.), would significantly impact on not only procedural success, but also clinical outcomes. In order to achieve the best possible results for patients, an appropriate strategy for each case should be discussed by the Heart team.

#### **CTO PCI failure case**

When several attempts of CTO PCI have failed, interventionists should consider surgical revascularization in cases with significant residual ischemia or persistent anginal symptoms associated with the CTO lesions. As shown in *Table 3*, the cumulative rates of CABG for the CTO lesion after failed PCI were 2.5% to 19.6% during mid- to long-term follow-up. In addition, an important consideration is that the quality of vessels adjacent to the CTO lesions may have changed as a result of failed prior PCI attempts (e.g., extended dissections, collapsed distal vessel with impaired collateral flow, compromised SBs, etc.). In order to determine appropriate grafting sites, coronary angiography at the previous PCI should be carefully reviewed by the Heart team and repeat preoperative angiography (either CT or catheterization) would be also recommended, if CABG is planned after a certain interval from the prior PCI.

#### **Complications**

During CTO PCI—with the exception of urgent rescue CABG—complications, especially coronary perforation, would be the most common scenario when interventionists

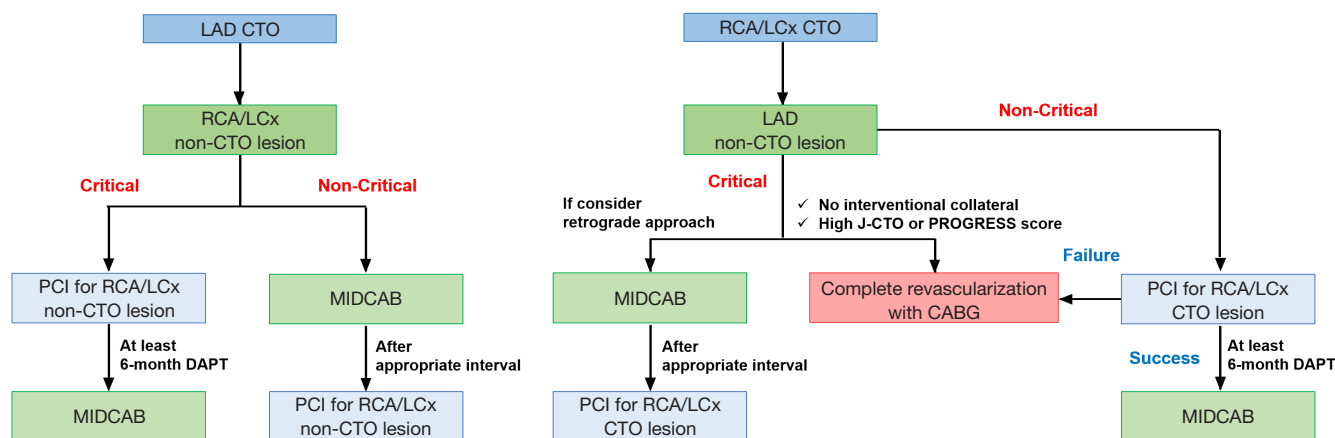
need to call cardiac surgeons. From a meta-analysis including 18,061 patients of 65 studies, coronary perforation and cardiac tamponade during CTO PCI has been reported to occur in 2.9% and 0.3% of patients, respectively (51). It is sometimes difficult to manage coronary perforation with a conservative or percutaneous strategy (balloon occlusion, coiling etc.), because the perforated site is basically located within or distal to the non-recanalized CTO or supplied by multiple collaterals.

### **When would PCI be required after CABG?**

It has been reported that 99.8% successful revascularization was achieved in minimally invasive CABG to LAD CTO using internal mammary artery, with 90.5% overall survival rates estimated at 5 years follow-up, comparable to the non-CTO LAD lesion (90.4%) (P=0.91) (49). On the other hand, saphenous vein graft (SVG) is inferior in long-term patency (approximately 50% at 10 years); however, it has been used widely for the cases with MVD, aiming for complete revascularization. As a result, in clinical settings, interventionists sometimes encounter failed SVG to the lesions including CTO, especially in RCA or left circumflex artery (LCx). Due to the high surgical risk (e.g., age, comorbidities, etc.) or technical complexity (e.g., post-operation adhering, presence of previous grafts, etc.) of redo CABG, interventionists need to consider PCI for the native CTO lesions. However, CTOs in post-CABG exhibit extensive calcification and negative remodeling, compared with CTOs in non-CABG (52), thus PCI for such lesions is more challenging. Consequently, CTO PCI in post-CABG patients is associated with lower success rates and worse clinical outcomes at follow-up (median: 377 days), compared to those in non-CABG patients (53).

### **Integrated management strategies involving cardiac surgeon and interventional cardiologist**

In recent years, for the patients with MVD, hybrid coronary revascularization (HCR) consisting of a LIMA-LAD anastomosis through minimally invasive direct coronary artery bypass (MIDCAB) plus PCI for remaining non-LAD lesions, has attracted much attention from both interventionists and cardiac surgeons. A previous randomized trial, encompassing 200 patients who were randomly assigned to either HCR or CABG, demonstrated no differences in the rates of death, myocardial infarction, stroke, major bleeding, or repeat revascularization at the



**Figure 4** Hybrid coronary revascularization in patients with multivessel disease including CTO. CTO, chronic total occlusion; LAD, left anterior descending artery; RCA, right coronary artery; LCx, left circumflex artery; DAPT, dual antiplatelet therapy; MIDCAB, minimally invasive direct coronary artery bypass; PCI, percutaneous coronary intervention; CABG, coronary artery bypass grafting.

1-year follow-up (54). Despite these favorable results for HCR, it still remains a limited procedure (0.5% of CABG performed in U.S. from 2011 to 2013) (55), primarily due to the following reasons: (I) there are limited patients who indicate HCR as the ideal management pathway (patients' comorbidities, anatomy, lesion location, etc.) and, (II) HCR is a technically demanding surgical procedure. Consequently, it has been reported that the general consensus among interventionists and surgeons in the 11 premier US cardiac surgical centers, regarding candidates for HCR, were achieved in approximately 10% of 6,669 consecutive coronary angiograms (56). Furthermore, regarding HCR for patients with MVD including a CTO lesion, there are numerous considerations that need to be addressed; these are best done by the Heart team: (I) the location of CTO lesion(s) (LAD or non-LAD); (II) the conditions of collateral(s); (III) the condition of donor artery(s). The possible strategy of HCR for these patients is outlined in *Figure 4*. Briefly, for patients with LAD CTO, MIDCAB would be performed first, followed by elective PCI to RCA/LCx, if they are stable and non-critical lesions. On the other hand, if these lesions are critical, primary PCI could be considered to guarantee perioperative safety during MIDCAB (at least 6-month dual antiplatelet therapy after PCI is mandatory). For the patients with non-LAD CTO, there are multiple factors which should be considered, as shown in *Figure 4*, and such cases are probably best managed with complete revascularization via either PCI or CABG alone, depending on the balance of risk and benefits for HCR.

## Conclusions

There have been marked improvements in the feasibility and safety of CTO PCI, due to development of various techniques and dedicated devices. The establishment of systematic CTO PCI algorithms would enable interventionists to share, teach, and learn this technically challenging field in a broader context. This would also contribute to further improving clinical outcomes. Considering the importance of complete revascularization, in order to achieve the best benefits of CTO recanalization for patients, the Heart team requires appropriate patient selection and treatment strategy for each patient.

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## Footnote

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

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